



PSYC 601

Adult Psychiatry

Elective Description

This elective clerkship will expose students to adult psychiatric conditions that demonstrate a wide range of disorders, including manifestations of “organic” brain disorders, psychoses, depressive illness and personality disorders. The student may have experiences in both inpatient and outpatient settings and interact with other agencies within mental health.

Credit: 2-4 semester credits

Prerequisites: PSYC 500

Elective Structure: Psychiatry is a broad based specialty and so the learning objectives will depend on the orientation of the staff person and team with whom the student is involved. For example, involvement on a general inpatient ward, attachment to an early intervention program for psychosis, participation in a consultation-liaison service, or work with someone specializing in neuropsychiatry constitute four very different learning experiences.

Entrustable Professional Activities

As a fourth-year student, the focus of skills development are those tasks important for entering residency training:

- Gather a history and perform a physical exam
- Prioritize a differential diagnosis following a clinical encounter
- Recommend and interpret common diagnostic and screening tests
- Enter and discuss orders and prescriptions
- Document a clinical encounter in the patient record
- Provide an oral presentation of a clinical encounter
- Form clinical questions and retrieve evidence to advance patient care
- Give or receive a patient handover to transition care responsibility
- Collaborate as a member of an inter-professional team
- Recognize a patient requiring urgent or emergent care and initiate evaluation and management
- Obtain informed consent for tests and/or procedures
- Perform general procedures of a physician
- Identify systems failures and contribute to a culture of safety and improvement

General Course Objectives

Medical Knowledge

- Develop an introductory level familiarity with the literature in the area of adult psychiatry
- Review the following:
 - Psychotic disorders: schizophrenia, schizophreniform disorder, schizoaffective disorder, drug-induced psychotic disorder
 - Mood disorders: major depressive disorder, bipolar disorder

- Anxiety disorder: generalized anxiety disorder, obsessive-compulsive disorder, post-traumatic stress disorder, panic disorder
- Substance use disorders: substance abuse, substance dependence, intoxication and withdrawal syndromes
- Personality disorders
- Eating disorders
- Psychosomatic disorders
- Develop a basic understanding of psychotherapeutic techniques used in this setting.

Patient Care

- Observe, discuss, and demonstrate an understanding of the bio/psycho/social approach to health care.
- Complete a psychiatric interview and mental status examination which includes
 - Effectively identify and explore significant mental health issues in patient encounters.
 - Elicit and explore patient concerns to construct a history that is relevant and accurate.
 - Demonstrate an understanding of developmental issues in the life cycle and the importance of the interaction between patient and the patient's family.
 - Use a variety of interview techniques to elicit and explore patient concerns and to respond appropriately and empathically to significant cues from the patient to deliver compassionate and patient-centered care.
 - Elicit and understand the issues from a patient's history that are amenable to psychotherapeutic interventions.
 - Provide a clear and concise oral presentation of a patient's history and mental status examination.
 - Demonstrate effective clinical reasoning, interpreting biological, social and psychological data and integrating information to generate a differential diagnosis and management plan.
 - Conduct an assessment of risk of harm to the patient or others

Interpersonal and Communication Skills

- Be able to concisely communicate the key features of the psychiatry assessment and management plan to the treatment team.
- Effectively communicate with patients and families using sensitive, non-judgmental language
- Recognize the emotional impact of illness on patients and families
- Describe the confidentiality requirements of psychiatric diagnoses

Professionalism

- Review legal requirements of civil commitment and competency evaluations

REQUIRED TEXTBOOKS and Other Resource Material

Students interested in Psychiatry should visit the American Psychiatric Association website for education and career information: www.psych.org. Student membership is free. Access to the APA Journal, DSM-V, and other resources is free.

Gelder M, N Andreasen, J Lopez-Ibor, J Geddes. 2012. *New Oxford Textbook of Psychiatry*, 2nd edition, Oxford Medicine Online
<http://oxfordmedicine.com/view/10.1093/med/9780199696758.001.0001/med-9780199696758-book-1>

Evaluation

The evaluation will include the entrustable professional activities. The clerkship preceptor will evaluate those relevant to this clerkship experience.

GRADES

This elective is graded Satisfactory/Unsatisfactory.

POLICIES

ACADEMIC DISHONESTY

The University holds its students to the highest standards of intellectual integrity. Therefore, the attempt of any student to pass any examination by improper means, present work which the student has not performed or aid and abet a student in any dishonest act may result in disciplinary action including immediate dismissal. Any student witnessing or observing a perceived violation of academic dishonesty is required to report it as outlined in the Guidelines. Students failing to report an observed violation may also receive disciplinary action.

ATTENDANCE POLICIES

Attendance of lectures and laboratories is based on the University's stated attendance policy. Refer to the Student handbook for more information.

CONDUCT

The University expects all students to be responsible individuals who possess the highest standards of integrity, honesty and personal conduct. These traits are prerequisites to independent learning, professional development, the successful performance of academic and clinical assignments, and the conduct of one's personal life. Accordingly, students are expected to adhere to a standard of behavior consistent with the University's high standards at all times off and on campus. Compliance with institutional rules and regulations, in addition to city, state and federal laws, is expected.

COPYRIGHT POLICY

Trinity Medical Sciences University must respect and observe the right and privileges of copyright holders, obey the United States Copyright Act and preserve the integrity of its internal network systems. All students must sign the technology and software use policy. A copy of this policy may be obtained from the Information and Technology Department.

DRESS CODE

All students are expected to maintain the highest standards of professional appearance at all times. During years one and two and while on campus. Medical students are required to wear scrubs or white coats with appropriate dress. Appropriate dress for clinical students includes business slacks with open-collar shirt for men, and business slacks or skirt with professional shirt or sweater for women.

Trinity School of Medicine Faculty Contact Information

Marc Zubrow, MD mzubrow@trinityschoolofmedicine.org