



## PSYC 500 Psychiatry

### **Clerkship Description**

In this clerkship, students learn through clinical involvement by working directly with patients and being part of the treatment team. Students develop professional rapport with patients, understand the presentation of psychiatric illness, assess patient histories and mental status and develop bio-psychosocial assessment and treatment plans.

Credit: 6 credits

**Clerkship Overview:** The guiding principle of the Psychiatry Clerkship is clinical involvement. This is a hands-on clerkship where students learn by working directly with patients and being part of the treatment team. Students have ample opportunity to work with patients with psychiatric illness. Through this, students are to develop professional rapport with patients, understand the presentation of psychiatric illness, assess patient histories and mental status, and develop bio-psychosocial assessments and treatment plans.

**Clerkship Structure:** The clerkship is structured upon the principle that learning is a process which can be accomplished only by active participation by the student. The role of the faculty preceptor is to provide guidance, stimulation, support and example.

### **Entrustable Professional Activities**

As a fourth-year student, the focus of skills development are those tasks important for entering residency training:

- Gather a history and perform a physical exam
- Prioritize a differential diagnosis following a clinical encounter
- Recommend and interpret common diagnostic and screening tests
- Enter and discuss orders and prescriptions
- Document a clinical encounter in the patient record
- Provide an oral presentation of a clinical encounter
- Form clinical questions and retrieve evidence to advance patient care
- Give or receive a patient handover to transition care responsibility
- Collaborate as a member of an inter-professional team
- Recognize a patient requiring urgent or emergent care and initiate evaluation and management
- Obtain informed consent for tests and/or procedures
- Perform general procedures of a physician
- Identify systems failures and contribute to a culture of safety and improvement

### **General Clerkship Objectives**

Medical Knowledge

- Describe the major psychiatric diagnoses as defined in DSM-IV-TR/DSM- 5 in the context of the complexities of clinical presentation which includes complex differential diagnoses, multiple stressors, complex psychosocial situations, and patient personality variables
- Explain the range of psychiatric interventional therapeutics, specifically:
  - Indications for and possible side effects and complications of somatic treatments including psychopharmacologic agents and electroconvulsive therapies
  - Indications for and possible side effects and complications of psychotherapies including fundamentals of psychodynamic, behavioral and cognitive approaches
  - Indications and appropriate selection for psychosocial interventions including decision and use of psychiatric hospitalization, case management, crisis intervention, social work, occupational therapy and vocational counseling
- Identify a psychiatric emergency in the clinical setting, and describe the appropriate interventions in the primary care setting for immediate management or referral of the patient
- List the indications for a psychiatric referral or psychiatric consultation, and derive an understanding of the concept of a psychiatric liaison

#### Patient Care

- Conduct an adequate psychiatric interview, including skills in recognizing and categorizing psychological and behavioral phenomena as described in the psychiatric mental status examination
- Engage a patient and establish rapport
- Introduce and discuss sensitive material
- Manage behavioral or emotional difficulties commonly encountered in the psychiatric interview
- Perform a psychiatric diagnostic workup, to include:
  - Acquiring and organizing the psychiatric history
  - Performing the mental status and physical exam
  - Making decisions regarding further diagnostic studies
- Diagnose a patient based on clinical history and other information by the methodology of the multi-axial format of DSM-IV/DSM-5.
- Develop and help execute an initial treatment plan for an inpatient
- Record progressive care data (progress notes) using appropriate terminology and organization

#### Interpersonal and Communication Skills

- Exhibit the ability to engage a patient in a psychotherapeutic relationship appropriate to psychiatric hospital care
- Present a patient in a more complex bio-psychosocial formulation
- Manage patients' reactions, which may include defensiveness or confusion, to a provider's help
- Recognize and manage personal reactions and responses to the patient that may detract from an appropriate professional relationship that may include excessive sympathy, anger, rejection, fear, or emphasis on interpersonal control

#### Professionalism

- Describe the details and reasons for extreme care of medical confidentiality in the psychiatric situation, and that such material is specifically identified for any release-of-information procedure
- Demonstrate appropriate professional interpersonal boundaries in the context of the intense relationship issues which arise in acute psychiatric de-compensation and other forms of

psychopathology

- Demonstrate the management of the appropriate engagement for a psychotherapeutic alliance, and the limits that such engagement must have for therapeutic effectiveness
- Explain the application of basic ethical principals in psychiatric practices as they apply to:
  - Involuntary commitment to psychiatric care
  - Appropriate use and limits for restraint and/or seclusion
  - The complex issue of the clinical and legal definition, and the assessment of competency (as it is defined in patient clinical situations)
  - The hierarchical relationship of ethical principles regarding autonomy, paternalism and safety of others

#### Systems-Based Practice

- Demonstrate respect for, and integrate the care of hospitalized psychiatric patients with all team members, including other psychiatrists, residents, nursing staff, psychologists, social work staff, occupational therapy staff, vocational therapy staff, consulting physician staff and clergy members
- Demonstrate respect for, and integrate the care of patients in the outpatient setting with all team members, including psychiatrists, primary care or other physicians, psychotherapists, social workers, case management team members, clergy and any others involved in the patient's ongoing outpatient care plan
- Teach patients about their role and function in their family system, and assess their understanding of the family system in improvement or complication of psychopathology

#### Practice-Based Learning

- Formulate skills in assembling and integrating information relevant to patient care from multiple sources, including specialty information databases used in searches on psychiatric and psychological issues
- Recognize how these skills are a base for lifelong learning

### Expected Skills for Psychiatry Clerkship

#### Expected to perform

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|---|---|
| • History and physical                                    | • Mental status exam                                  |
| • History of present illness                              | • Differential diagnosis                              |
| • Obtain past medical history                             | • Interpret lab tests                                 |
| • Obtain family history                                   | • Discuss orders/prescriptions                        |
| • Obtain personal and social history                      | • Formulate treatment plan                            |
| • Review of systems                                       | • Demonstrate evidence-based medicine                 |
| • Patient presentation                                    | • Collaborate as a team member                        |
| • Focused Exam (H&N, ENT, cardiovascular/<br>respiratory) | • Demonstrate appropriate behaviors of a<br>physician |

### Textbooks and Resources

Muskin PR. 2015. *Study Guide to Psychiatry: A Companion to the American Psychiatric Publishing Textbook of Psychiatry*, 6<sup>th</sup> edition. American Psychiatric Publishing. [ISBN-13: 9781585624737, ISBN-10: 158562473X]

Toy EC, DL Klamen. 2016. *Case Files Psychiatry*, 5<sup>th</sup> edition. McGraw-Hill Lange Publishers [ISBN-13: 978-0071835329, ISBN-10: 9780071835329].

Students have access to online reference resources through the Trinity Medical Sciences University Library and Access Medicine. Medical libraries and other learning resources are available at all hospital-based clerkship sites. Students also have access to the comprehensive Kaplan Step 2 CK preparatory materials which include lecture notes and instructional videos.

## Evaluation

The evaluation will include the entrustable professional activities. The Psychiatry preceptor will evaluate the following.

- EPA 1: Gather history and perform a physical examination
- EPA 2: Prioritize a differential diagnosis
- EPA 5: Document a clinical encounter in the patient record
- EPA 6: Provide an oral presentation of a clinical encounter
- EPA 7: Form clinical questions and retrieve evidence to advance patient care
- EPA 9: Collaborate as a member of an inter-professional team

## GRADES

Core clerkships are graded Pass, High Pass, Honors, and Fail. Components of the final grade include:

- Evaluations (mid-clerkship, final, student)
- Case Logs (NI)
- Patient Encounters
- Attendance
- NBME Shelf Score

A student who does not pass the NBME shelf exam will receive an Incomplete in the clerkship. See the Clerkship Manual for additional information.

## POLICIES

For a complete discussion of clerkship policies, refer to the [Clerkship Manual](#) and the [University Catalog and Student Handbook](#).

## STUDENT GRIEVANCE POLICY

Trinity Medical Sciences University (TMSU) is committed to treating all members of the academic community fairly with regard to their personal and professional concerns. The student complaint policy and procedure ensure that concerns are promptly dealt with and resolutions reached in a fair and just manner. The University's procedure enables students to bring complaints and problems to the attention of the TMSU's administration.

A grievance is a complaint arising by an action by an individual and may include, but are not limited to the following:

- Academic programs or courses
- Discrimination
- General mistreatment
- Harassment, including sexual violence
- Mentoring
- Privacy of student educational records
- Privacy of student health records
- Security and safety
- Research
- Student health

The process for filing a grievance is found in the Clerkship Manual and the University Catalog and Student Handbook. For additional questions and guidance, contact the Sr. Associate Dean for Clinical Clerkships or the Associate Dean for Admissions and Student Affairs. TMSU forbids any retaliatory action against students who present concerns and complaints “in good faith”

#### **ATTENDANCE POLICY**

Students are expected to be present (and early) at clerkship sites as scheduled by the preceptor. Night call, weekend coverage, and holiday assignments may be included. Absences, for any reason, must be reported immediately to the Clerkship Administrator and preceptor. Absences may have disciplinary actions if not reported as outlined in the Clerkship Manual and by the preceptor.

#### **CONDUCT**

The University expects all students to be responsible individuals who possess the highest standards of integrity, honesty and personal conduct. These traits are prerequisites to independent learning, professional development, the successful performance of academic and clinical assignments, and the conduct of one’s personal life. Accordingly, students are expected to adhere to a standard of behavior consistent with the University’s high standards at all times off and on campus. Compliance with institutional rules and regulations, in addition to city, state and federal laws, is expected.

### **Trinity School of Medicine Faculty Contact Information**

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